

ACTIVITIES NEWSLETTER

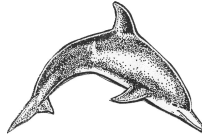
January 2010

ACTIVITIES DIRECTOR

Dora Taylor
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BINGO DIRECTOR

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www.islablancaparkactivities.org

PARK OFFICE – 761-5494 PARK POLICE – EMERGENCY 911- NON-EMERGENCY 761-5283

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
WEEKLY SCHEDULE Sunday Worship 9:30	8:15 am Yoga 9:30 am Aerobics 1 pm Crafts 7:00 pm Bingo	LINE DANCE 8:30 am Basic Steps 9 am (Beg) 10 am (Adv) 11 am Partner Dancing 1:30 pm Photography Class 6:30 pm-BH Woodcarving 6:30 pm Euchre	8:15 am Yoga 9:30 am Aerobics 1:00 pm Bridge 5:30 pm Potluck 7 pm Game night Worship service-BH 7 pm	LINE DANCE 8:30 am Basic Steps 9 am (Beg) 10am (Adv) 11am Partner Dancing 6:30 Euchre 7:00 pm Bingo	8:15 am Yoga 9:30 am Aerobics 1:30 pm Jam Session 7 pm Game Night	Entertainment 7 pm
					1	2
		OTHER	EVENTS	THIS	MONTH	
3	4	5	6	7	8	9
						Pancake Breakfast 7:30 – 9 am Lindley Creek Family
10	11	12	13	14	15	16
		RV Maintenance Workshop 10 am Bingo Hall	PARK MEETING 9 AM COFFEE & DONUTS		Med Check Lab 8 am Bingo Hall	Ivey
17	18	19	20	21	22	23
						Biscuits & Sausage Gravy & more 7:30 – 9 am Jack Jensen
24	25	26	27	28	29	30
					Spaghetti Supper 5:30 pm	Long Ago String Band
31	Feb 1 MASA Services 4:30					

For the “special” events, please watch for postings in the office, activities’ hall, and bingo hall for details and/or sign-up sheets.

WELCOME BACK

The Dolphin Dove Activities Center includes two buildings – Bingo Hall and Rec Hall. Activities are scheduled in both as indicated. The Bingo hall is only open during scheduled activities. If you wish to schedule a private event, you will need to obtain permission from Joe Fortugno. The Rec Hall is open from 8 am to about 9 pm daily. All are welcome to make use of the facility. Please check for scheduled activities to avoid conflicts.

ALUMINUM CANS for recycling can be placed in the barrels provided either in the Bingo Hall or the Rec Hall. The cans are recycled by the Activities Club to defray some of the activity costs. Please DO NOT put plastic bags in the can barrels. If the cans are contaminated with other material, they will not take them. THANK YOU.

Port Isabel has a recycling station now. There are bins for paper, plastic, and cans. It is located at 110 Hickman, behind the police station.

**After cleaning fish put remains into the water for the birds and crabs
NOT IN DUMPSTERS !!**

WEEKLY SCHEDULED EVENTS

BINGO	Mondays and Thursdays at 7pm in the Bingo Hall for park residents. Cost is 2.50 per package of 10 games. Lots of Winners. Come join us.
YOGA	Instructor: Vicki Jones. The focus is on proper nutrition and stretching for maintaining good flexibility.
AEROBICS	Get fit at the park. This will be a “low impact” aerobics class taught by Lorena Jones, daughter-in-law of Vicki Jones, the Yoga teacher. She will make the class fit the needs of the students.
EUCHRE	Donate one dollar, and top winners share money.
BRIDGE	Same as Euchre.
LINE DANCE	Fun exercise for singles and couples.
WOOD CARVING	Friends get together in the Bingo Hall to share ideas, etc.
PHOTOGRAPHY WORKSHOP	"How to get the picture" for all levels. Bring your cameras and your questions at 1:30 on Tuesdays. Instructor: Alfred Lanctot
CRAFTS	Craft activities will be at 1 pm Mondays in the Activities Hall. A weekly notice will be posted in the Activities Hall window each week. The weekly notice will include information about the craft for that week, the supplies needed and the cost, if any.

All the activities here in the park are run by volunteers. In the exercise classes (Yoga, aerobics, and line dance), a donation is recommended, since these instructors are trained, and are volunteering their expertise for our benefit, but that is not required. If there is an activity you'd like seen added, please see me. Thank you to all the volunteers..... Dora